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Pleasures of the Carso – Spring 2020

within the "Springtime Low-Impact Mobility" initiative promoted by A.Mo.Do.

7 nature trails on the Carso, and in the city of Trieste
Nature, culture, history and gastronomy

On Easter Monday and Sundays, from 13 April to 14 June

Carso environments and ecology presented by "Curiosi di Natura" guides
With live readings (in Italian) about local nature, history and culture

Easy itineraries along mainly flat paths, suitable for all ages and fitness levels
Long trousers and closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated "Sapori del Carso" restaurants

CALENDAR OF EXCURSIONS

On Easter Monday and Sundays: 13, 19 April; 10, 24, 31 May (9.30-13.00)

Sunday 26 April (9.30-17.00). Sunday 14 June (10.00-12.00)

Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)

EASTER MONDAY 13 APRIL "Along the Carso ridge, from the Obelisk to Conconello" Across pinewoods, broadleaf forests and karstic meadows in full bloom, to admire the city laid out before you like a map. With splendid views of the Gulf and Istria, and live readings about the life and culture of Trieste of the past. **Meeting venue: parking lot at the Opicina roundabout.** Buses n. 2 and 4 from Trieste. **GPS: 45°40'58.0"N 13°47'01.0"**

SUNDAY 19 APRIL "From Basovizza to Monte Spaccato" Pinewoods, caves, dolinas, meadows in bloom and panoramic views of Trieste. Immersed in nature, with readings about the Carso from Julius Kugy and Scipio Slataper. **Meeting venue: Sincrotron parking lot-bus stop, Basovizza** (get off bus n. 39 at the first stop in Basovizza; then walk 10'). **GPS: 45°38'43.4"N 13°50'45.2"E**

SUNDAY 26 APRIL "To Cerje (Slo) along the Walk of Peace" (whole day: 9.30-17) On the Slovenian Karst, amid the gentle wooded hills, caves and remains of the Great War, up to the Tower of Cerje memorial, to enjoy extensive views of the sea, the plain and the inner Carso. With live readings. Lunch is packed or at the cafeteria. **Meeting venue: trattoria at Devetachi**, State Road 55 (Strada del Vallone) to Gorizia. Then by car to Lokvica. **GPS: 45°52'06.5"N 13°34'17.7"E**

SUNDAY 10 MAY "Natural Reserve of Mount Lanaro" Through grand oak and hornbeam woods a walk among peonies in bloom to reach the top of the mountain with its meadows studded with wild irises and offering magnificent views. **Meeting venue: Ervatti sports ground at Borgo Grotta Gigante**, then by car-sharing to Sagrado di Sgonico. Bus n. 42 from Trieste. **GPS: 45°42'15.5"N 13°45'12.2"E**

SUNDAY 24 MAY "Timavo river and Cave of the Mithraeum" Accompanied by a nature guide and a tourist guide, a walk through the woods, meadows, and smoke bushes, to reach the Timavo springs and the old church of San Giovanni in Tuba. From there a dirt track will take us to the cave housing the temple to the god Mithras. **Meeting venue: Villaggio del Pescatore**, bus n. 44 stop. **GPS: [45°46'50.0"N 13°35'13.7"E](#)**

SUNDAY 31 MAY "Rosandra Valley" A walk up a rocky gorge offering plenty of history and biodiversity, a stream and a 30 metre waterfall. An ancient trade route, it testifies to the past through the remains of a Roman aqueduct or a little church from the 13th century. **Meeting venue: main square in Bagnoli della Rosandra**, bus stop for buses n. 40 and 41 from Trieste. **GPS: [45°36'50.8"N 13°51'30.3"E](#)**

SUNDAY 14 JUNE "Walk around Trieste" (10-12) Through the city streets and squares, with a nature guide and a tourist guide to discover the traces of water, streams, remains of aqueducts, and learn how water influenced the city's life and development across the centuries. **Meeting venue: Fountain of Janus**, Largo Bonifacio (bottom of Viale XX Settembre, Trieste), **GPS: [45°39'05.3"N 13°46'40.7"E](#)**

PRICES: € 10.00 full (26 April € 15.00); € 5.00 reduced, under 14 years; free under 6 years

BOOKING IS RECOMMENDED

FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round
Tour languages: IT, ENG, DEU, SLO - www.piacevolmentecarso.it

INFO & BOOKING: CURIOSI DI NATURA

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Press: Maurizio Bekar - www.bekar.net

Pleasures of the Carso **Spring 2020** **AFFILIATED** **RESTAURANTS**



All participants in an excursion will receive a coupon for 2 persons, valid from 13 April to 14 June (Easter Monday depending on the restaurant) entitling them to a 10% discount on menus of the following "Sapori del Carso" restaurants

Trattoria - Gostilna OŠTERIJA FERLUGA – Conconello / Ferlugi (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - dimitriferluga@gmail.com - *Closed: Mon, Tues (from half of May on Mon only)*

Trattoria - Gostilna VETO - Opicina / Opicine (TS), Via di Prosecco / Proseška ulica 35, tel. 040 211629, pizzeriaveto@libero.it - *Closed: Tues*

Hotel&Restaurant KRIŽMAN - Repen 76, Monrupino / Repentabor, tel. 040 327115 www.hotelkrizman.eu – *Closed: lunchtime Mon, all day Tues*

Trattoria - Gostilna GUŠTIN - Sgonico / Zgonik 3/a, tel. 040 229123, www.gustintrattoria.com - *Closed: dinner time Mon and Tue, all day Wed*

Trattoria – Gostilna LA LAMPARA - Santa Croce / Kriz 144 (TS), tel. 040 220352 - www.la-lampara.net trattorialalampara@tiscali.it - *Closed: Thurs*

Trattoria - Gostilna SARDOČ - Precenico / Prečnik 1/b, Duino Aurisina - Devin Nabrežina, tel. 040 200871 - www.sardoc.eu - *Closed: Mon, Tues*

Trattoria – Gostilna AL REFOLO - Hostaria creativa - Monfalcone / Tržič, Via / Ulica IX Giugno 69 tel. 333 4022509 alrefolo@yahoo.it *Open at lunch from Mon to Fri. Closed: Sat and Sun*

Trattoria - Gostilna LOKANDA DEVETAK - Savogna d'Isonzo / Sovodnje ob Soči (GO), San Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481 882488 - www.devetak.com - *Closed: all day Mon and Tues, and lunchtime Wed and Thurs*