



IO SONO
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Con il patrocinio di:



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Pleasures of the Carso – Spring 2024

within the
"Springtime Gentle Mobility"
project promoted by A.Mo.Do.



Nature trails on the Carso, around Trieste, Gorizia and Slovenia
Nature, culture, history and gastronomy

On Easter Monday and Sundays from 1 April to 9 June

Carso environments presented by "Curiosi di Natura" guides
With live readings (in Italian) about ecology, local history and culture

Easy itineraries, suitable for all fitness levels. Closed shoes with treaded soles recommended

Possibility of discounted meals at affiliated "Sapori del Carso" restaurants

CALENDAR OF EXCURSIONS

1, 14 April - 5, 12, 19 May - 9 June (9.30-13)

Meeting time: 20 min before departure, at indicated venue (see GPS & Google Maps)

EASTER MONDAY 1 APRIL "From Sgonico to the Bear Cave" A hike amidst striking karstic phenomena as far as Grotta dell'Orso (Bear Cave). With its imposing entry vault, this cave contained the remains of cave bears and Neolithic settlements. With themed readings. **Meeting venue: 9.10 am, Sgonico Town Hall.** Buses n. 42 and 46 from Trieste. **GPS: [45°44'08.1"N 13°44'48.4"E](https://www.google.com/maps?q=45°44'08.1)**

SUNDAY 14 APRIL "From Devetachi to Miren" (Slo) From the Vallone in the Gorizia Carso, through the woods across the border as far as the Miren hill, dominated by the Church of Our Lady of Sorrows. Extensive views of Gorizia, the Vipava Valley and the mountains. **Meeting venue: 9.10 am, trattoria at Devetachi,** State road n. 55/Strada del Vallone (Doberdò del Lago). **GPS: [45°52'06.2"N 13°34'19.1"E](https://www.google.com/maps?q=45°52'06.2)**

SUNDAY 5 MAY "From Visogliano to Mount Sambuco" An easy walk across woods, farmlands, karst grasslands and the village of Malchina up to Mount Sambuco. Panoramic views over the border into Slovenia. **Meeting venue: 9.10 am, Sistiana-Visogliano train station.** Bus n. 44 from Trieste. **GPS: [45°46'29.3"N 13°38'44.5"E](https://www.google.com/maps?q=45°46'29.3)**

SUNDAY 12 MAY "To Volčji Grad" (Komen, Slo) Accompanied by the expert Goran Živec, a tour of Debela Griža, one of the largest and most fascinating prehistoric hillforts of the Karst. **Meeting venue: 9.10 am, Provincial road n. 6** (from Gabrovizza going towards Komen), **at the junction for Ternova.** Transfer to Volčji Grad with own transport. **GPS: [45°45'52.0"N 13°42'01.5"E](https://www.google.com/maps?q=45°45'52.0)**

SUNDAY 19 MAY "From Basovizza to Grozzana" A hike along the slopes of Mount Cocusso, amidst the flowers of the karst grasslands, to the village of Grozzana, situated in a fertile valley. Themed readings. **Meeting venue: 9.10 am, parking lot of the Basovizza Astronomical Observatory.** Bus n. 51 from Trieste. **GPS: [45°38'22.4"N 13°52'24.2"E](#)**

SUNDAY 9 JUNE "The lavender fields of Povir" (Sežana) Through shady woods, spectacular dolinas and mountain views, up to the village of Povir. A visit to the farm that grows lavender and medicinal herbs, with themed tastings. **Meeting venue (8.45 am): parking lot at the former border crossing for Lipica;** then, car share to the start of the trail. **GPS: [45°39'05.2"N 13°52'44.1"E](#)**

PRICES: € 10.00 full (9 June: € 15.00); € 5.00 reduced, under 14 years; free under 6 years

BOOKING IS REQUIRED

FOR GROUPS, ON REQUEST: excursions also possible on other dates, all year round
Tour languages: IT, ENG, DEU, SLO - www.piacevolmentecarso.it

INFO & BOOKING: CURIOSI DI NATURA

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Press: Maurizio Bekar – www.bekar.net

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AFFILIATED RESTAURANTS



**All participants in an excursion will receive a coupon for 2 persons,
valid from 1 April to 16 June**

entitling them to a 10% discount on menus of the following "Saponi del Carso" restaurants

Trattoria - Gostilna OŠTERIJA FERLUGA – Conconello / Ferluga (TS), Via / Ulica Bellavista 12, tel. 347 1396133 - dimitriferluga@gmail.com – *Until mid-May: closed all day Mon and Tues; open Wed and Thurs dinner only, Fri to Sun lunch and dinner. From mid-May: open Mon-Thurs dinner only and Fri-Sun lunch and dinner*

Trattoria - Gostilna VETO - Opicina / Opcone (TS), Via di Prosecco / Proseška ulica 35, tel. 040 211629, pizzeriaveto@libero.it - *Closed: Tues*

Hotel&Restaurant KRIŽMAN - Repen 76, Monrupino / Repentabor, tel. 040 327115 www.hotelkrizman.eu – *Open: Wed and Thurs dinner only, Fri and Sat lunch and dinner, Sun lunch only*

Trattoria sociale Društvena gostilna GABROVEC - Sgonico / Zgonik, Gabrovizza / Gabrovec 24, tel. 040 2296036, gabrovec1902@gmail.com - *Always open at lunchtime. Closed Thurs*

Trattoria - Gostilna SARDOČ - Precenico / Prečnik 1/b, Duino Aurisina - Devin Nabrežina, tel. 040 200871 - www.sardoc.eu - *Closed: Mon, Tues*

Trattoria Gostilna LOKANDA DEVETAK - Savogna d'Isonzo / Sovodnje ob Soči (GO), S. Michele del Carso, Vrh sv. Mihaela / Brežiči 22, tel. 0481 882488 - www.devetak.com – *Closed Mon and Tues, and lunchtime Wed and Thurs. Road-side tavern-bar open Sat and Sun only*

Crocevia - Locanda Carsica Contemporanea / Sobodna kraska domačija - TS, Santa Croce/Križ 173, tel. 366.3633394 - www.crocevia173.it – *Open Thurs-Sun dinner; Sat-Sun lunchtime and dinner*

Antico Caffè San Marco, Trieste, via Battisti 18/A, tel. 040 2035357 - www.caffesanmarco.com – *Discount on lunch and dinner only. Restaurant closed on Sun evening*

CALL TO CHECK AVAILABILITY - BOOKING IS RECOMMENDED

